

Participation in sport and active recreation in Gloucestershire - a summary

Update 2: July 2010

This update uses data from the Active People Survey 3 conducted between October 2008 and October 2009. It provides supplementary data to the Active People Surveys 1 and 2 conducted between 2005 and 2008.

Introduction

The Active People Survey 1 (APS 1) has established evidence concerning the levels of participation in sport and physical activity across England. The Active People Survey 3 (APS 3) provides the first annual update since the baseline for measurement of the one million target was set (based on Active People Survey 2 data).

Purpose of the update

This update provides data from APS 3 which develops the existing evidence from APS 1 and 2. This, specifically, includes data for the 6 main Key Performance Indicators:

1. **Participation:** The percentage of the adult population (16 years and over) participating in at least 30 minutes of moderate intensity sport and active recreation on at least 3 occasions per week (3x30 mod).
2. **Volunteering:** The percentage of the adult population involved in at least one hour of volunteer work per week.
3. **Club membership:** The percentage of the adult population who are members of a sports club.
4. **Coaching / Tuition:** The percentage of the adult population who have received tuition/coaching.
5. **Competitive Sport:** The percentage of the adult population who have taken part in competitive sport.
6. **Satisfaction:** The percentage of the adult population that are satisfied/very satisfied with sports provision in their local area.

Headline results: National

- In 2008/09, 6.93 million adults (aged 16+) participated in sport three times a week for 30 minutes at moderate intensity (16.6% of the adult population in England). This represents an increase of 115,000 adult participants from 2007/08 when 6.81 million adults (16.4% of the adult population in England) adults participated in sport three times a week for 30 minutes at moderate intensity.
- Regular participation among non-white adults has increased by 98,800 to 713,800.
- Sports participation among adults with a limiting disability / illness has decreased by 42,800, from 429,500 (6.7%) to 386,700 (6.1%).
- Athletics and cycling have each achieved increases of over 100,000 participants in the past year (between 2007/8 and 2008/9).

Headline results: South West*

KPI	APS 1	APS 2	APS 3	<i>Difference between surveys</i>			
	2005 to 2006	2007 to 2008	2008 to 2009	APS 1- APS 2	Significant difference?	APS 2- APS 3	Significant difference?
KPI 1 ¹	21.9 %	22.5 %	22.9 %	+0.6 %	No	+0.4 %	No
KPI 2	5.2 %	5.5 %	5.5%	+0.3 %	No	0.0 %	No
KPI 3	24.4 %	24.5 %	24.2 %	+0.1 %	No	-0.3 %	No
KPI 4	18.4 %	18.6 %	19.1 %	+0.2 %	No	+0.5 %	No
KPI 5	16.2 %	15.9 %	16.1 %	-0.3 %	No	+0.5 %	No
KPI 6	70.5 %	68.6 %	69.9%	-1.9 %	Yes	+1.3 %	Yes

KPI (1-6)² scores for Gloucestershire districts

KPI	Cheltenham			Cotswold			Forest Of Dean			Gloucester			Stroud			Tewkesbury			APS 3 County average
	APS 1	APS 2	APS 3	APS 1	APS 2	APS 3	APS 1	APS 2	APS 3	APS 1	APS 2	APS 3	APS 1	APS 2	APS 3	APS 1	APS 2	APS 3	
1 At least 3 days a week x 30 minutes moderate participation (all adults) ¹	22.5	24.5	24.1	24.5	23.3	25.6	22.1	21.9	22.2	18.9	18.9	22.6	23.9	19.9	21.2	22.5	20.2	20.6	22.7
2 At least 1 hour a week volunteering to support sport (all adults)	4.7	5.6	4.5	4.3	7.7	5.3	6.4	2.3	3.5	5.3	6.1	4.9	4.1	5.7	6.7	7.3	6.3	5.3	
3 Club member (all adults)	30.4	25.2	32.6	26.5	23.6	22.5	22.5	20.0	25.2	22.9	26.8	24.6	23.3	28.6	28.6	28.6	27.4	26.5	
4 Received tuition from an instructor or coach in last 12 months (all adults)	19.9	19.8	21.2	22.6	20.2	20.5	17.3	16.7	15.4	14.2	17.1	19.8	20.5	19.3	18.5	21.0	14.7	18.2	
5 Taken part in organised competitive sport in last 12 months (all adults)	16.9	16.0	17.9	18.3	17.6	14.6	16.0	15.3	10.5	14.5	11.3	17.0	15.6	14.8	18.6	17.9	14.7	14.6	
6 Satisfied with local sports provision (all adults)	72.3	70.3	75.1	72.4	66.2	72.9	74.1	71.0	73.4	72.4	62.9	70.4	70.2	68.3	68.0	69.8	70.3	72.6	

Notes: * Data rounded to one decimal place. **(1)** Although KPI 1 is similar to National Indicator 8 (NI8) it *only* measures the contribution sport and active recreation makes to the overall 5x30 target. In contrast, NI8 includes light intensity activities for those aged 65 and over (e.g. bowls, pilates, yoga, croquet, and archery). **(2)** KPI 1 to 6 are shown for consistency with previous Active People Data. All statistics are represented as percentages (%). The fourth year of the survey, Active People Survey 4, started in mid October 2009 and is running continuously for 12 months until mid October 2010.